



Daily Schedule (Sundays, Mondays, Wednesdays, Thursdays)		
From	To	Activity
8:00 AM	9:00 AM	Arrival & Breakfast
9:00 AM	10:00 AM	CLASS 1
10:00 AM	11:00 AM	CLASS 2
11:00 AM	12:00 PM	LUNCH BREAK/ CLASS 3
12:00 PM	1:00 PM	CLASS 3/ LUNCH BREAK
1:00 PM	2:00 PM	CLASS 4
2:00 PM	3:00 PM	CLASS 5
3:00 PM	4:00 PM	FUN ACTIVITIES/ LEAVING CAMP
Daily Schedule (Tuesdays - for kids going swimming/ trip)		
From	To	Activity
8:00 AM	9:00 AM	Breakfast
9:00 AM	9:30 AM	Leaving
10:00 AM	2:00 PM	Swimming/ Trip
2:00 PM	3:00 PM	Back to Camp
3:00 PM	4:00 PM	Snack/ Free Time
Daily Schedule (Tuesdays - for kids NOT going swimming)		
From	To	Activity
8:00 AM	9:00 AM	Breakfast
9:00 AM	10:00 AM	STEAM Day Activities with PALSTEAM Creativity Labs
10:00 AM	11:00 AM	
11:00 AM	12:00 PM	
12:00 PM	1:00 PM	Lunch Break
1:00 PM	2:00 PM	STEAM Day Activities with PALSTEAM Creativity Labs
2:00 PM	3:00 PM	
3:00 PM	4:00 PM	Snack/ Free Time

ACTIVITIES DESCRIPTION				
No	CLASS	ACADEMY	COACH	Location
Activity 1 - A1	BASKETBALL	RISE Sports Academy	Dahoud Abu Qweider	Outdoor/ Basketball Court
Activity 2 - A2	VISUAL ARTS & CRAFTS	Visual Arts Forum	Hadeel Quraan	Indoor/ Art Classroom
Activity 3 - A3	KICK BOXING	DOJO MMA Academy	Motaz Tmeizi	Outdoor/ Shaded Area 1
Activity 4 - A4	FOOTBALL	-	Ahmad Abu Rahmeh	Outdoor/ Football Court
Activity 5 - A5	PERFORMING ARTS	Safar Theatre	Fadi Alghoul	Indoor/ Theatre
Activity 6 - A6	JIU-JITSU	DOJO MMA Academy	TBD	Outdoor/ Shaded Area 2
Activity 7 - A7	CHESS	Palestine Chess Academy	Baha Maswadeh	Indoor/ Chess Classroom
Activity 8 - A8	GYMNASTICS	TBD	TBD	TBD
Activity 9- A9	SCIENTIFIC EXPERIMENTS	TBD	TBD	TBD
Activity 10- A10	TBD (opened based on registration numbers)	TBD	TBD	TBD
Daily Fun Activity	Games & Challenges	RISE Sports Academy	Outdoor/ Indoor	Outdoor/ Indoor

Notes:

- Please check below for daily classes schedule for Month 1.
- Camp starts at 8:00 AM and ends at 4:00 PM. Camp staff will be available at camp 7:45 AM - 4:15 PM.
- Kids who arrive late after breakfast time, must eat breakfast at home.
- Kids who arrive after 9:00 **MUST BE ACCOMPANIED BY PARENTS** to the camp administration office.
- Breakfast/ lunch can be provided by parents; healthy sandwiches, fruits and vegetables.
- Daily healthy lunch meal will be offered to kids as per their subscription plan.
- Lunch Meal Menu: The lunch meal menu is available in the website application link and applies only to children subscribed to the monthly lunch meal option. The cafeteria menu is available in the website application link. Healthy snacks, sandwiches, drinks, and bakery items will be available for purchase during camp hours.
- Kids can bring a bottle of water and can be refilled. Mineral water bottles will be available to buy from cafeteria.
- Unhealthy food/ snacks are **NOT ALLOWED** at campus and will be returned to parents.
- On swimming and trips days, please stick to "Swimming/ Trips Days Instructions" that will be shared separately.
- Kids who will **NOT** join swimming/ trips on Tuesdays, will have a full fun program at camp in partner